Step 14

Pick up the syringe and remove the cap from the needle by pulling it straight off.

Step 15

Invert the syringe and hold it as if "throwing a dart".

With your other hand, gently squeeze the skin together to make a little elevation at the injection site.

Step 16

Using a "dart like motion", insert the needle at a 90° angle.

IMPORTANT: To inject, you need very little force but quick action.

Step 17

Once the needle is inserted into the tissue all the way, inject the solution.

Do this by pushing gently on the plunger with your hand holding the syringe.

Take as much time as you need to inject all the solution.

Step 18

Immediately withdraw the needle and clean the site with the clean side of the alcohol wipe using a circular motion.

If there is minor oozing, you may need to apply a small amount of pressure for a minute.

Dispose of the syringe and needles immediately after use into a sharps container.

You are not alone.

Where can you get help and find more information?

momentum

The *MOMENTUM* patient services program is a free and confidential service that offers customized patient support, including injection assistance, to individuals using EMD Serono fertility products.

fertility.mymomentum.ca

Our comprehensive patient website is designed to provide:

- Easy to access instruction videos
- Downloadable injection guides
- Additional information about our medications
- Frequently asked questions on EMD Serono products

1-800-387-8479

- Our *MOMENTUM* toll-free helpline is available 24 hours a day, 7 days a week
- Regular hours are 8:00 a.m. to 8:00 p.m. (Eastern Time), Monday to Friday
- An after-hour pager service is available for urgent inquiries that cannot wait until the following business day. Simply leave your name, reason for calling, and your phone number, and a registered nurse will return your call in a timely manner

***MOMENTUM* is available in over 250 languages through the assistance of certified translators.**

MOMENTUM will not comment on individual diagnosis or treatment questions, or laboratory results. You should discuss those with your healthcare provider. *MOMENTUM* is a source of educational support sponsored by EMD Serono, Canada and is not intended to replace discussions with your healthcare provider.

For additional information, please refer to the package insert that came with your medication, or the latest approved product monograph.

Cetrotide®
Cetrorelix for injection

Reference: Cetrotide® Product Monograph. EMD Serono, June 13, 2019.

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2695 North Sheridan Way, Suite 200, Mississauga, Ontario L5K 2N6 Canada

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CA-CET-00008 RH0227E

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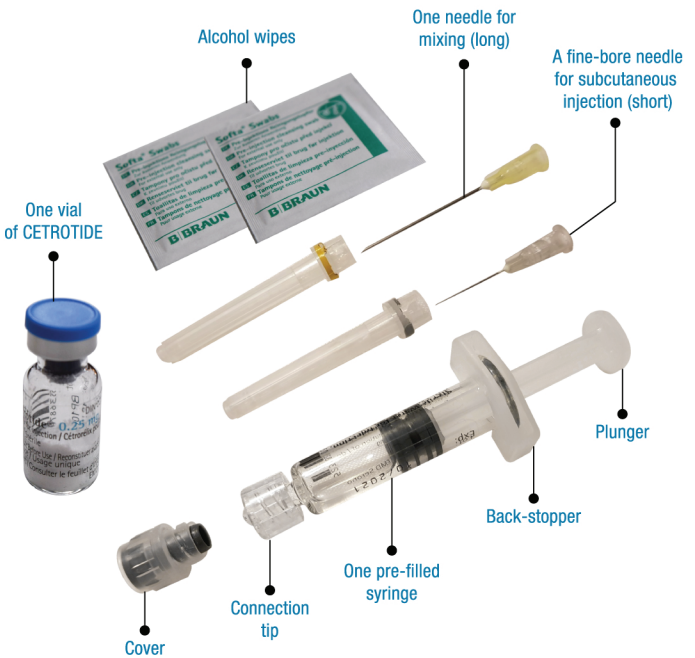
Cetrotide®
Cetrorelix for injection

Administration Guide



CETROTIDE is available in 0.25 mg

Before you begin:

1. Clean work surface with soap and water.
2. Wash hands well with soap and water.
3. On a clean surface, lay out everything you need: one vial of CETROTIDE, one pre-filled syringe, one needle for mixing (yellow mark), one needle for injection (grey mark) and two alcohol wipes.

EMD SERONO

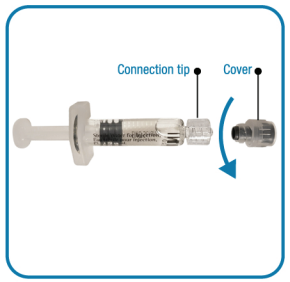
Step 1

Flip off the plastic cover of the vial of CETROTIDE.

Step 2

Wipe the rubber stopper and then the aluminum ring with an alcohol wipe.

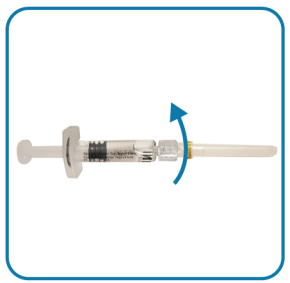
Discard the alcohol wipe.



Step 3

Take the pre-filled syringe of diluent and twist and pull the end of the cover off. Be careful not to remove the connection tip.

Note that there is a back-stopper on the syringe – do not remove it.

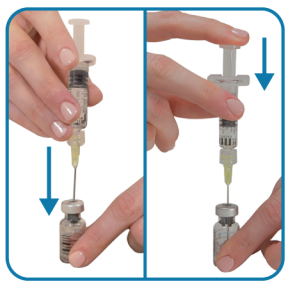


Step 4

Take the yellow mixing needle, remove the yellow end by twisting & pulling it off.

Twist the needle onto the connection tip of the pre-filled syringe so that it is secure.

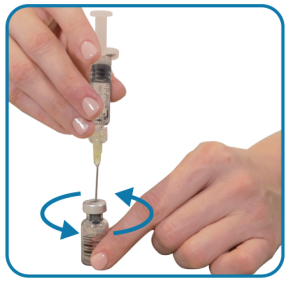
Holding the glass barrel, carefully pull the needle cap straight off the needle.



Step 5

Push the needle through the center of the rubber stopper of the vial of CETROTIDE.

Inject the water from the pre-filled syringe into the vial by slowly pushing down the plunger of the syringe. Dissolve CETROTIDE powder only with the water contained in the pre-filled syringe.

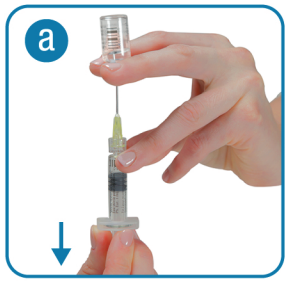


Step 6

Without removing the needle from the vial, gently rotate the vial until the solution is clear and without particles.

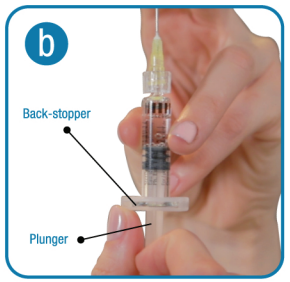
Avoid forming bubbles which can be caused by vigorously shaking the vial.

IMPORTANT: Do not use if solution appears cloudy, lumpy or discoloured.



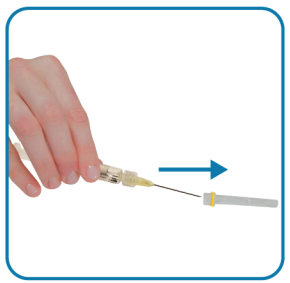
Step 7

a. Pull back on the plunger to draw the total content of the vial into the syringe. If the liquid is left in the vial, invert the vial, pull back the needle until the opening of the needle is just inside the stopper. If you look from the side through the gap in the stopper, you can control the movement of the needle and the liquid.



b. It is important to withdraw the entire contents of the vial.

IMPORTANT: Be careful not to remove the back-stopper or pull the plunger out of the syringe.



Step 8

Withdraw the needle from the vial.

Carefully recap the needle.

Step 9

Twist to detach the needle from the syringe.

Discard the mixing needle into a sharps container. Carefully lay the syringe on a clean surface.

Step 10

Remove the grey injection needle by twisting the grey seal to remove the end.

Twist the needle onto the connection tip of the syringe so that it is secure.

Holding the glass barrel, carefully pull the needle cap straight off the needle.

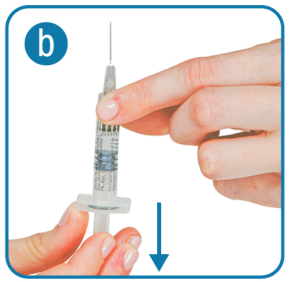
Step 11

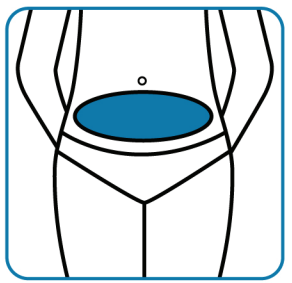
a. Hold the syringe with the needle pointing upwards and gently flick the syringe if there are any visible air bubbles.

b. If there are no air bubbles, or if there is no air space at the top of the syringe, gently pull the plunger back to allow for a small space.

Carefully replace the cap onto the needle and lay the syringe on a clean surface.

IMPORTANT: It is important to have a small air space in your syringe before you inject. This will ensure that all the medication has been injected. The air will remain in the needle. Administer the solution immediately after preparation.

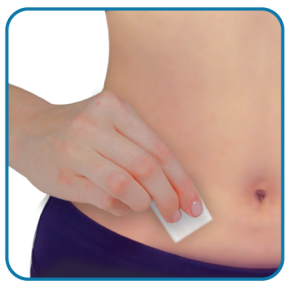




Step 12

Choose an injection site on your lower abdominal area. It should be preferably around, but at least one inch away, from your belly button.

Select a different injection site each day to minimize local irritation.



Step 13

Clean the skin at the injection site using an alcohol wipe and allow the alcohol to dry.

Keep the alcohol wipe nearby.