

## STEP 1: Getting prepared



Lay out the following materials on a clean surface.

1. Ovidrel® pen
2. Removable Needle
3. Alcohol Wipes
4. Needle disposal container (your clinic may have provided you with one).

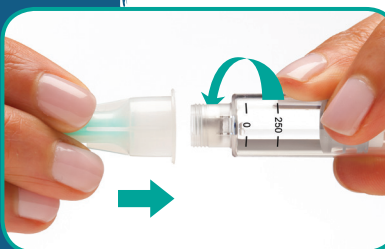
Wash your hands with soap and water.



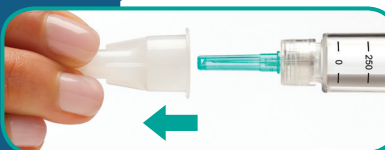
Take the *cap* off of the pen.



Check that the peel tab closing the outer needle cap is not damaged or loose. If it is damaged or loose, do not use the needle and contact your clinic or pharmacist as soon as possible for a replacement. Throw away the unused needle, with the outer needle cap still on, into your household garbage.



Remove the peel tab from the outer needle cap



Hold the outer needle cap firmly. Press the threaded tip of the Pen into the outer needle cap and twist it **clockwise** until it is securely fixed.

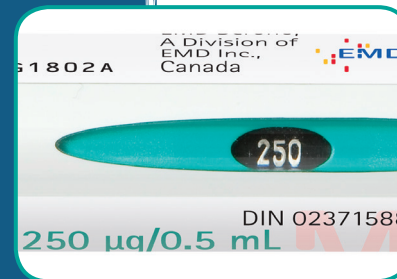
Remove the *outer needle cap*. Leave the *inner needle shield* in position. Check that the needle is securely fixed (Do not throw away the outer needle cap; you will need it for removing the needle from the pen.)

## STEP 2: Setting your dose to 250

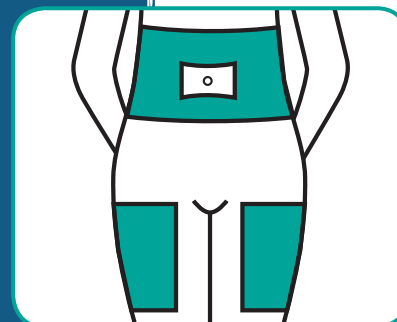
**IMPORTANT:** If you see a large air bubble inside the reservoir you need to remove it. Refer to "Removing large air bubbles" section for further instructions. **An air bubble is large if it fills fully the tip of the reservoir when holding the pre-filled pen with the needle pointing upwards.** Small air bubbles that stick to the inner wall of the reservoir do not need to be removed. They are not harmful.



Gently turn the injection button clockwise. The dose display will show a straight line and you have to keep turning until you can read the number '250'. Do not push or pull the dose setting button while you turn it.



## STEP 3: Injecting your medication

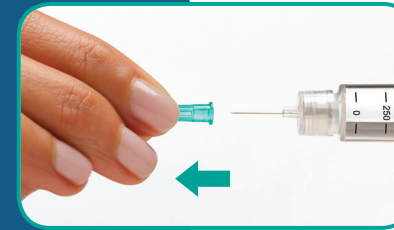


Select an injection site, such as the upper thigh or abdomen, using the injection site diagram.



Using an alcohol wipe, clean the injection site in circular motion.

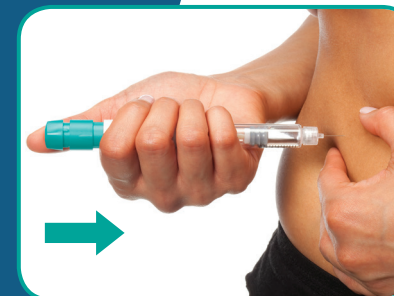
Allow the alcohol to dry.



Remove the *inner needle cap* from the needle.

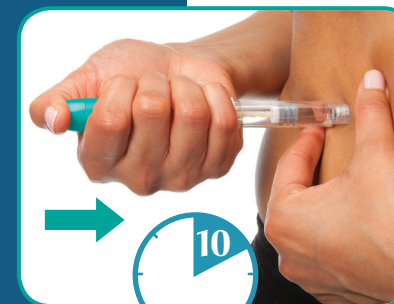


Check again that the number in the dose display reads '250'. If needed, turn the dose setting button clockwise or counter clockwise to adjust to '250'.



Use the injection technique as advised by your doctor or nurse.

Slowly insert the needle into the skin and press the injection button as far as it will go.



You must keep the needle in the skin with the injection button pressed down for at least 10 seconds.

**After 10 seconds, keep the injection button pressed down while removing the needle from your skin.**

## STEP 4: After injecting

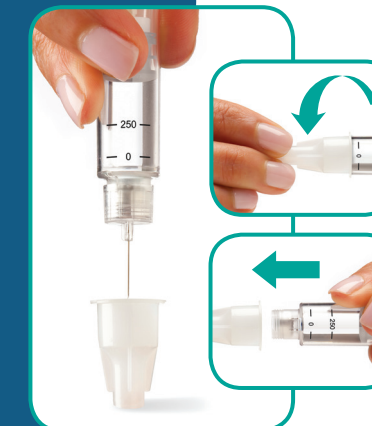


The dose number shown in the dose display will turn back to 0. This indicates that the complete dose was delivered.



Using a clean alcohol wipe, gently clean the injection site.

Apply a small amount of pressure for a few seconds.



Remove the needle after each injection.

Hold the pen firmly by the reservoir holder.

Carefully replace the outer needle cap onto the needle.

Grip the outer needle cap and unscrew the needle – do this by turning it **counter-clockwise**.

*Be careful not to prick yourself with the needle.*

**DO NOT ATTEMPT TO INJECT A SECOND TIME**



Use each needle and pen only once.

Throw away the used needle safely in a sharps container.

Put the outer needle cap back on so that it is safe to be thrown away.

Please consult your health care provider on how to dispose of the Ovidrel® pen and medicines no longer required.

*Never reuse or share any needles.*

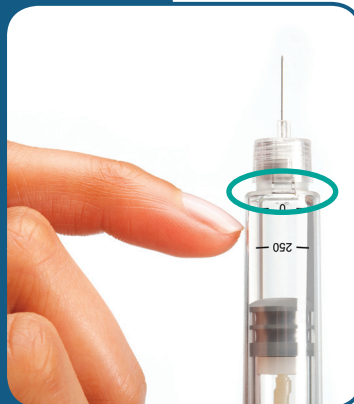
## Removing large air bubbles

If you see a large air bubble inside the reservoir you need to remove it. **An air bubble is large if it fills fully the tip of the reservoir when holding the pre-filled pen with the needle pointing upwards.**

**IMPORTANT:** You do not need to remove small air bubbles that stick to the inner wall of the reservoir. They are not harmful.



Gently turn the injection button clockwise until you see a dot (•) in the dose display. If you pass this position, simply turn the injection button until you see a dot (•)



Carefully remove the inner needle shield and hold the pen with the needle pointing upwards.

Tap the reservoir holder gently with your finger so that any air bubbles rise up towards the needle. With the needle still pointing upwards, press slowly the dose setting knob as far as it will go.



A drop of liquid will appear at the tip of the needle; this shows that your pen is ready for injection.



# Frequently Asked Questions

## What is Ovidrel®?

Ovidrel® is the only recombinant human chorionic gonadotrophin (r-hCG). Its generic name is choriogonadotropin alpha.

Ovidrel® is produced as a solution in a pre-filled syringe or a pre-filled pen that is intended for subcutaneous injection. Ovidrel® ensures that you are receiving the highest purity hCG on the market. Subcutaneous injections offer the advantage of being convenient and easy to self-administer.

## What is Ovidrel® used for?

Ovidrel® is used to trigger ovulation in infertile women with ovarian dysfunction.

## What is the amount of Ovidrel® that must be injected?

250 µg in a pre-filled pen.

## Should I be concerned about interactions with other medications?

Please inform your doctor and pharmacist if you are taking or have taken any other medications, even those not requiring a prescription.

## What are the main side effects I could see with Ovidrel® therapy?

As with other hCG preparations, side effects can occur with the use of Ovidrel®: discomfort at the injection site, stomach pain, nausea, and vomiting have been reported. Ask your fertility team to discuss the possible side effects with you. As with all medications, it is important to report any physical changes and all symptoms to your healthcare professional.

## How do I know my injection is complete?

After your injection, check that the dose display reads '0'. This confirms that your dose has been fully delivered. Do not attempt to inject a second time.

## What risk is there of developing OHSS while on Ovidrel®?

Contact your doctor if you experience severe pain or bloating in the stomach or pelvic area, severe upset stomach, vomiting, or weight gain, as these are symptoms of a medical event called Ovarian Hyperstimulation Syndrome (OHSS). OHSS occurs infrequently (usually less than 3% incidence). However, because OHSS can progress rapidly to a serious medical event, Ovidrel® should be stopped at the first signs of OHSS.

## Is Ovidrel® associated with multiple births and congenital birth defects?

Reports of multiple births have been associated with fertility treatments. You should discuss the potential risk of multiple births with your doctor before beginning treatment.

There is no evidence to establish an association between the administration of Ovidrel® to female patients and the occurrence of congenital anomalies in their offspring.

## How should I store my Ovidrel® pen at home?

- Refer to the date indicated on the labels for expiry date. Do not use after expiry date.
- Solutions of pre-filled pens are stored at 2°C - 8°C (in a refrigerator).
- Do not freeze. Protect from light.
- Do not use the Ovidrel® pre-filled pen if the solution contains particles or is not clear.

Ovidrel® is a registered trademark of Ares Trading S.A.

Importer Et Distributor: EMD Serono, A Division of EMD Inc., Canada  
2695 North Sheridan Way, Suite 200, Mississauga, Ontario L5K 2N6 Canada, [www.emdserono.ca](http://www.emdserono.ca)

An Affiliate of Merck KGaA, Darmstadt, Germany

## Where can I get help and find more information?



The MOMENTUM patient services program (formerly Fertility Lifelines) is a free and confidential service that offers customized patient support, including injection assistance, to individuals using EMD Serono fertility products.

Call MOMENTUM toll-free at 1-800-387-8479 between the hours of 8:00 a.m. and 8:00 p.m. (Eastern Time), Monday to Friday. MOMENTUM is available 24 hours a day, 7 days a week for urgent inquiries that cannot wait until the following business day. For after-hour calls, simply leave your name, reason for calling, and your phone number, and a registered nurse will return your call in a timely manner.

MOMENTUM is available in over 250 languages through the assistance of certified translators.

MOMENTUM is also available online at [fertility.mymomentum.ca](http://fertility.mymomentum.ca).

For more information on OVIDREL please refer to the package insert that came with your medication.

MOMENTUM will not comment on individual diagnosis, treatment questions, or laboratory results. You should discuss those with your healthcare provider.

MOMENTUM is a source of educational support sponsored by EMD Serono, Canada and is not intended to replace discussions with your healthcare provider.

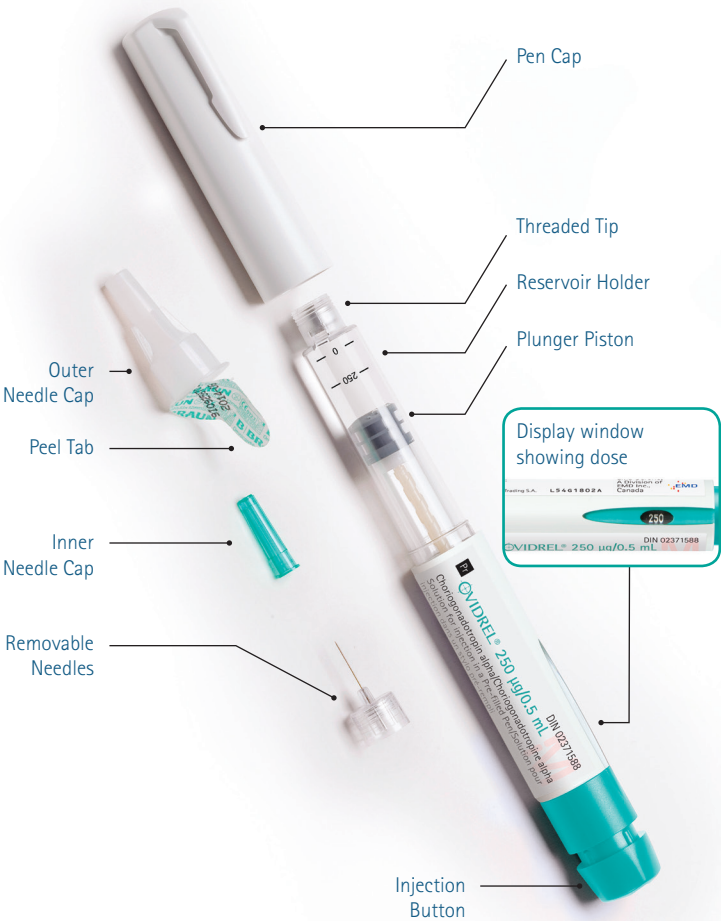


## 1-800-387-8479

Momentum is a complimentary and confidential phone service which offers support for patients who are prescribed EMD Serono fertility products.



## PATIENT INSTRUCTIONS FOR THE OVIDREL® PRE-FILLED PEN



## Ovidrel® pen available in:

- 250 µg

